



Step-In-Time Line Dancing

HEREFORDSHIRE

Dance: **Wings To Fly**
Type: 32 Count, 4 Wall, Absolute Beginner
Choreographer: Rhoda Lai (CAN) & Hayley Wheatley (UK), June 2025
Choreographed to: Power Of Love x I'm Alive 2025 by LABACK Remix ft Laura Furmanova (124 bpm, 2:47 min)

Intro: Start after count 32

Section 1 Walk x 3, Kick, Walk Back x 3, Touch

1-4	Walk forward stepping right, left, right. Kick left	Walk, walk, walk, kick
5-8	Walk back stepping left, right, left. Touch right beside left <i>Optional styling steps 1-4: Raise arms up and click on Count 4</i> <i>Optional styling steps 5-8: Lower arms</i>	Back, back, back, touch

Section 2 Step Touch, Side Touch, Back Touch, Side Touch

1,2	Step right forward on diagonal (1:30). Touch left beside right and clap	Step, touch
3,4	Step left to left side. Touch right beside left and clap	Side, touch
5,6	Step right back on diagonal (4:30). Touch left beside right and clap	Back, touch
7,8	Step left to left side. Touch right beside left and clap	Side, touch

Section 3 Vine Right Touch, Vine Left Brush

1,2	Step right to right side. Cross left behind right	Side, behind
3,4	Step right to right side. Touch left beside right	Side, touch
5-8	Step left to left side. Cross right behind left. Step left to left side. Brush right	Side, behind, side, brush

Section 4 Rocking Chair, Heel Strut, 1/4 Heel Strut

1-4	Rock forward on right. Recover on left. Rock back on right. Recover on left <i>Optional styling steps 1-4: Push arms upwards and outwards in circle palms facing in</i>	Rocking chair
5,6	Step right heel forward. Lower right toe	Heel strut
7,8	Step left heel forward making 1/4 turn left (9:00). Lower left toe	Heel strut

Choreographers Note: As an alternative - Hold hands with the adjacent person throughout the dance until Count 29. Reconnect with new dancers for the next rotation